

Many of you know that I was diagnosed with cancer in 2011. After treatments which included chemotherapy and several surgeries, the last in 2023, I have continued to be healthy. I have appointments every six months at MD Anderson Cancer Center in Houston to review my health. Parcelling out your life in six-month chunks is not a bad way to live – it has me appreciating life, others, health, nature, the simple joys of life, and my work like never before.

At the beginning of this week, I spent two days at appointments at MD Anderson. The news is mixed – both bad and good.

The bad news is that there are some new tumors, and they are recommending that I undergo 2-3 months of chemotherapy here in San Antonio. I have undergone this twice before and know what to expect. I will also have another surgery this summer to remove the tumors. The good news is the tumors are localized and not in any organs, that the chemotherapy is curative not palliative, and that the long term prognosis is good.

Right now, I don't know when chemotherapy here will begin and what it will mean in terms of my schedule, i.e., having to cancel speaking engagements, retreats, though hopefully not classes. It will take a couple of weeks for this to take shape.

Thank you all for your love, friendship, prayer, and support during all this. I feel well and I am good spirits, but I appreciate the prayers. I will continue to keep you updated.

Peace

Ron Rolheiser